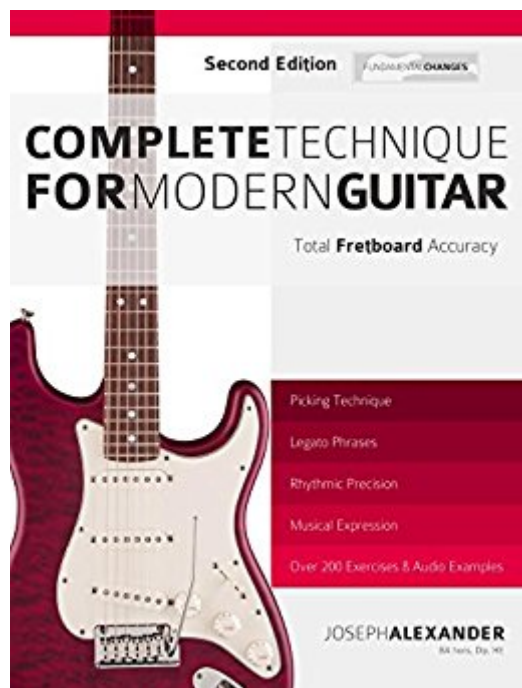




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# Complete Technique For Modern Guitar: Over 200 Fast-Working Exercises With Audio Examples (Guitar Technique Book 5)



## Synopsis

-Over 200 useful, digestible, exercises--Comprehensive coverage of Picking, Legato, Rhythm and Expressive Techniques-There's a myth amongst many guitarists that excellent technique can only be achieved via years of practice. Complete Technique for Modern Guitar destroys the notion that aspiring players must spend all their practice time accelerating through progressively more difficult and obscure exercises. This book focuses on only the exercises that most quickly develop the fundamental four areas of guitar technique: Picking, Legato, Playing in time, and expression. Each exercise is accompanied by a full explanation, practice hints, and an individual audio track to make sure you are making the most of your practice time. Only exercises which generate immediate, tangible improvements are included so there is always an immediate, musical benefit to your playing.

## Book Information

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## Customer Reviews

Joseph Alexander is an excellent teacher who clearly writes instructions to overcome technical

issues which hinder or discourage improvements in guitar playing. Here, he recommends exercises which are helping me to keep my left hand fingers and elbow from flying around as I fret different strings. The flat picking exercises are helping me to make clean sounds at the proper TIME. Though I normally use p, i, m, a to pluck the strings, I finding that Alexander's flat picking exercises are helping me to improve finger picking attack, tone, and timing. As with all of Joseph Alexander's books, the sound tracks he makes available are very helpful. String bending and vibrato exercises are nicely described and illustrated with sound tracks. Some years ago I had a concussion. NOT while playing guitar! The jolt fogs 3 weeks of my life. I attribute my quick and successful recovery to working on Tarrega's Scottish piece. Joseph Alexander's books are helping me to play this piece in a more pleasing way. So, I believe his intelligent instruction can help you maintain health through playing guitar!

Book arrived quickly and is very high in quality. Soft cover is very flexible and stays open when practicing. I've been playing on and off for the past 30 years. After working through the first few exercises, which at first glance seemed very simple, I immediately discovered where my weaknesses are as far as finger independence is concerned. Definitely download the sound files. I am using the iPhone app Called Capo, which lets me audio stretch without distorting pitch. I look forward to the challenge of the exercises as I advance through the book.

OK, so you have to put some effort into improving your technique. That's the downside. The upside is that you can use this book to work on those areas of your playing that you feel need to be improved. It's an excellent resource for this, with relevant and challenging exercises. So long as you put the exercises alongside improving your musicality, you will see big improvements in your playing. Just remember that you don't need to start on page one and work your way through it from start to finish... if you can do that you have my undying admiration! Like I say above, no shortcuts, just good relevant advice.

I have several of Mr Alexander's books. They're all excellent but this is the first one I bought and the one I use most practice sessions. Mr Alexander is a gifted teacher with an exceptional ability to pick exercises that achieve real, musically useful results. Some of this material seems deceptively simple at first but I noticed improvements in my technique almost as soon as I started practicing the exercises in this book. The section on rhythm is particularly useful. Most guitarists have room to improve in that department.

This is the best and most clearly written guitar technique book I've bought, and I've bought several. The author is very knowledgeable but at the same time his writing is easy to understand. I have seen an improvement in my playing just from working through the first bit of the book, and I am stoked on getting into the next bits. Really, his explanation of how to play with a rock beat is GOLD. This is the kind of stuff that I need to know, but nobody else seems to be willing or able to distill. Other stuff like how to practice scales so you're less likely to fall into the 'running scales when soloing instead of soloing' trap is very helpful as well. I know, I've wandered my way through plenty of 'solos' before.

This book has really helped my basic chops in general. There are a lot of go to ideas to maintain a good level of playing and getting past plateaus. A quick look at the TOC shows it covers all the basics with good detail. After working with them I can say they can help anyone improve. It's just putting in the time and effort. I'm using this book in combination with the other books that emphasize more advanced or different aspects of technique such as his book on melodic phrasing, Complete Guide to Blues Guitar 2, and Fretboard Fluency.

If you are reading this review and all the other ones, you are wasting time. Buy this book and spend the time practicing. It's a great book for building guitar techniques! Joseph Alexander has real talent when it comes to being able to communicate musical concepts in an easy to understand way. This book has a ton of exercises in it that are designed to efficiently and quickly build your technique. Joseph offers specific instructions for how to play each exercise and how to increase the tempo gradually until you master it. I'm really enjoying this book and based on my experience with this one, I'll likely get others as well. I'm only on the first section so far, and I can't wait to incorporate the legato, vibrato, and bending exercises into my practice sessions.

Please do yourself a favor and buy this book. Mr. Alexander teaches in a very clear and understandable way that really helps you grasp the concepts. I have actually purchased several of his books and have been pleased with them all.

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